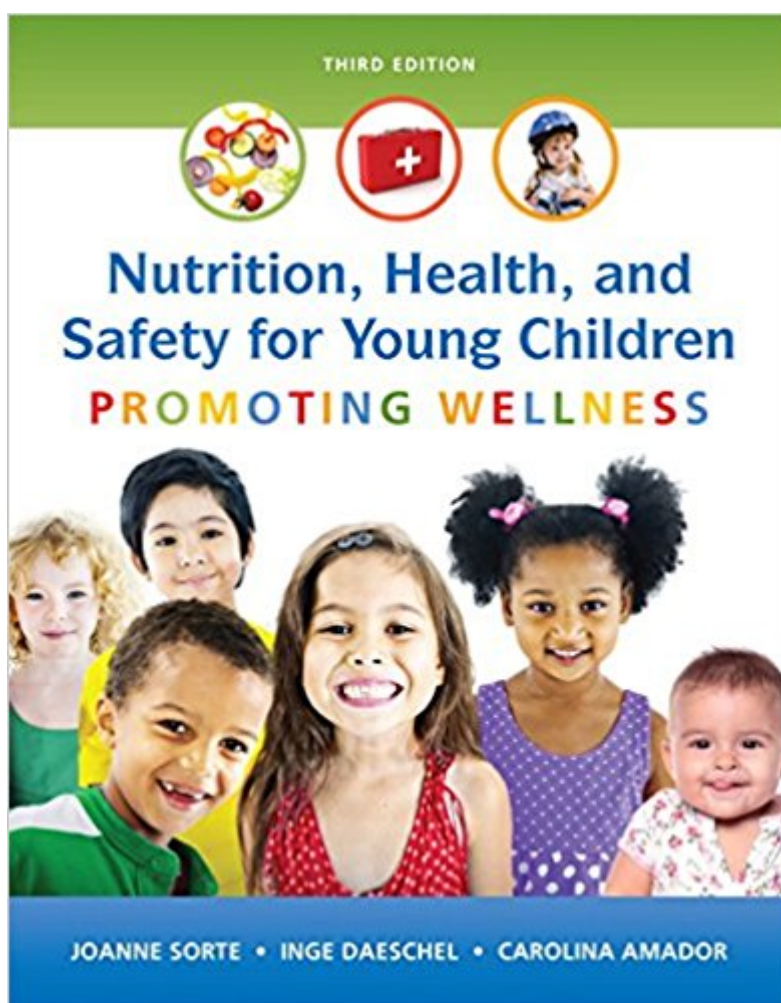


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# Nutrition, Health And Safety For Young Children: Promoting Wellness (3rd Edition)



## Synopsis

Note: This is the bound book only and does not include access to the Enhanced Pearson eText. To order the Enhanced Pearson eText packaged with a bound book, use ISBN 0134403215. **Â** **Â** This practical, comprehensive text helps students understand the interrelationships among nutrition, health, and safety, and gives them strategies to share their knowledge with children and their families. Covering the full range of childhood from birth into school age, it includes concrete, common in-text examples, case scenarios, and questions that promote thinking about professional situations students will face in their own classrooms and teaching situations, while providing a glimpse into the everyday contemporary classroom environment. The new edition features a stronger focus on wellness that prepares students to teach the diverse populations of young children in family child care, child care centers, preschools, and elementary settings by providing everything needed to ensure students understand wellness concepts, know how to apply wellness concepts, and know how to teach wellness concepts to children. More accessible, relevant, and useful to students than ever, *Nutrition, Health and Safety for Young Children* gives early childhood teachers what they need to help all children attain wellness and be ready for success in school. The Enhanced Pearson eText features embedded videos and assessments. **Â** **Â** Improve mastery and retention with the Enhanced Pearson eText\* The Enhanced Pearson eText provides a rich, interactive learning environment designed to improve student mastery of content. The Enhanced Pearson eText is: **Engaging.** The new interactive, multimedia learning features were developed by the authors and other subject-matter experts to deepen and enrich the learning experience. **Convenient.** Enjoy instant online access from your computer or download the Pearson eText App to read on or offline on your iPad<sup>Â</sup> and Android<sup>Â</sup> tablet.\* **Affordable.** The Enhanced Pearson eText may be purchased stand-alone or with a loose-leaf version of the text for 40-65% less than a print bound book. \* The Enhanced eText features are only available in the Pearson eText format. They are not available in third-party eTexts or downloads. \*The Pearson eText App is available on Google Play and in the App Store. It requires Android OS 3.1-4, a 7<sup>Â</sup> or 10<sup>Â</sup> tablet, or iPad iOS 5.0 or later. **Â** **Â**

## Book Information

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## Customer Reviews

A practical, comprehensive look at the nutrition, health, and safety needs of young children from birth through 8 years of age. This practical, comprehensive text helps students understand the interrelationships among nutrition, health, and safety, and gives them strategies to share their knowledge with children and their families. Covering the full range of childhood from birth into school age, it includes concrete, common in-text examples, case scenarios, and questions that promote thinking about professional situations students will face in their own classrooms and teaching situations, while providing a glimpse into the everyday contemporary classroom environment. The new edition features a stronger focus on wellness that prepares students to teach the diverse populations of young children in family child care, child care centers, preschools, and elementary settings by providing everything needed to ensure students understand wellness concepts, know how to apply wellness concepts, and know how to teach wellness concepts to children. More accessible, relevant, and useful to students than ever, *Nutrition, Health and Safety for Young Children* gives early childhood teachers what they need to help all children attain wellness and be ready for success in school. [Invigorate learning with the Enhanced Pearson eText](#) The Enhanced Pearson eText provides a rich, interactive learning environment designed to improve student mastery of content with the following multimedia features: [Embedded videos](#) . Enrich the text experience by allowing readers to see key concepts illustrated by real teachers in real classrooms. [Check Your Understanding Quizzes](#). Embedded assessments with feedback, including multiple-choice assessments at the end of each major heading, allow students to continually assess their understanding of chapter content and concepts. [End of Chapter Self-Check Quizzes](#). Multiple-choice format Chapter Quizzes with objective feedback help students gauge their understanding of the fundamental concepts covered in each chapter. One question aligns to each of the chapter [Learning Outcomes](#) and feedback helps reinforce

understanding.

Joanne Sorte has worked as an early childhood professional for over 40 years. She received a Bachelor of Arts degree in child development & family life, and a Master of Science degree in human development and family sciences from Oregon State University (OSU). She began her early childhood professional experiences as a home visitor for the Home Base program in Yakima, Washington, directed a preschool program for Lower Columbia College in Longview, Washington, and worked as a family services coordinator for Head Start. She then taught for 27 years as a Senior Instructor for the College of Public Health & Human Sciences at Oregon State University. During this time she also served as Director of the Child Development Laboratory developing a blended early education preschool program model in which children from low-income families participate through support of the Oregon Head Start Prekindergarten Program, along with children who have special developmental needs and children from the general community. She directed the practicum experience for students majoring in child development, supervised graduate students, and facilitated research on child development and wellness. She has coauthored an intervention program for preschool settings with Inge Daeschel, called Health in Action: 5 Steps to Good Health. Recently retired, she continues to enjoy assisting early childhood settings to partner with families to improve children's health and wellness. Å Å Inge Daeschel is a licensed and registered dietitian who is board certified as a specialist in pediatric nutrition. She received her Bachelor of Science degree in foods and nutrition science at Plattsburgh State University in New York. She completed her dietetic internship at Massachusetts General Hospital in Boston and received her Master of Science degree in nutrition science from the University of Tennessee at Knoxville. She worked at Duke University Medical Center, first as pediatric dietitian clinician and later as assistant chief clinical dietitian. This position was instrumental in developing her interest in helping families understand the nutritional needs of their children. Å Å She and her family relocated to Oregon where she worked at the Corvallis Clinic. Later she accepted a faculty position as instructor in the College of Public Health & Human Sciences at Oregon State University (OSU) where she was health and nutrition services coordinator of the OSU Child Development Laboratory and the OSU Oregon Head Start Prekindergarten Program. Recently semi-retired, Inge is currently a nutrition consultant providing services to a WIC program, an Early Head Start and two Head Starts programs including the OSU Child Development Laboratory. Her expertise in feeding children is based on personal as well as professional experience, gained raising four children, including one with multiple food allergies. She has coauthored with Joanne Sorte an intervention program called Health in

Action: 5 Steps to Good Health, which promotes wellness by providing focused messages that address nutrition and physical activity in early childhood programs. ã ã Carolina Amador, M.D., MPH is a board-certified general pediatrician. She received a bachelor of education degree in speech pathology at the University of Georgia. She earned her medical degree from the Medical College of Georgia in Augusta and completed her residency in pediatrics at West Virginia University in Morgantown. She worked as chief resident in pediatrics at West Virginia University where she developed a lactation clinic as well as a focus on advocacy for breast-feeding mothers. She has a master's degree in public health from the University of Washington in Seattle with a focus on maternal and child health. She moved with her husband to Corvallis, Oregon, and has worked as a general pediatrician for 12 years and is currently employed by a community health center that serves a large percentage of Hispanics and migrant workers. During these years as a general pediatrician, she has developed professional interests in childhood obesity prevention, health disparities, and Latino health. She has been involved in community events and organizations advocating for children's health including the Oregon State University Oregon Head Start Prekindergarten Program Health Services Advisory Committee, the Benton County Healthy Weight and Lifestyle Coalition, the Benton County Oral Health Coalition, and the Breastfeeding Coalition of Benton County. Throughout her years of education and medical practice, she has participated in several international health experiences in Ecuador, Honduras, Uganda, and Malawi.

WARNING!!! THIS EBOOK CAN ONLY BE INSTALLED ON A SINGLE DEVICE!!! I just went to install it on my full-sized iPad, and was told that I had hit some license limit. I'd been reading it on my Mac, but apparently, in addition to the rest of this review, Pearson has apparently completely missed the memo on eBooks. They are intended to be read on multiple devices and keep your notes and highlights synced. Hopefully I can uninstall it from my Mac and then install it on my iPad. However, considering that I wouldn't insult the backside of a parakeet by using this abysmal tome as bird cage liner, I suspect that I may well now be limited to ONLY reading the text on my Mac. In addition to spectacularly bad grammar and usage in the initial chapters of this book, it is filled with references to "click here for ." This is in the print version. These two problems indicate a singular lack of concern for even the most basic editorial processes. I'd thought that by buying a second electronic copy of this textbook that the "click here" would, at least, bring up information. It does not. The "click here" text and sections in the book do not, obviously, work in the paper version nor do they work in the electronic version. My instructor has placed links to the Pearson videos that some of the "click here" text refers in a separate online location. Pearson has inadequate bandwidth and I

have fairly constant issues with buffering. The text is very much focused on Americans and the U.S. with constant references to "Nutrition for Americans" etc. A properly written university text would replace "Americans" with "people." I work with a predominately Chinese community, and the information in this text applies equally to all people. It is not specific to "Americans" as the text implies. Singularly the worst textbook I have seen in all of my 49 years as a teacher and student. Clearly, Pearson is either very close to total collapse, or has a majority of the staff with taking nips at the bottle throughout the work day. If I could give this waste of paper and electrons negative stars, there aren't enough negative stars available.'s guidelines suggest comparing to similar products, so. Compared to my other e-textbook, published by Worth Publishers, there is no comparison. I have that text installed on my two iPads, My Mac, and my iPhone (just to see if it was usable, it really isn't for me, text too small). The editing is impeccable, there are no non-working links in the text (there are no links at all, duh!), and they have managed to get the most basic of editorial tasks, the ordering and entry of the correct copyright date, correct.

It was for my granddaughter's college class. She was pleased with it.

Purchased for College.

Product was fine but the late fee on this product cost me more than buying the book! I will not be using this company anymore especially when the late fee was added 2 days after my class ended.

Just what I needed for class

I got the eBook version and it was SO helpful to be able to type in the term and it brought me right to the page!

Honestly an informational book, used this as a resource for my online class.. well i actually returned it because it technically was optional...

Thumbs up

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